

The Oldest of the Old: An Overview of “The 90+ Study”

- An Overview of “The 90+ Study” featured on 60 Minutes
- A future focused look at longevity

Wednesday, May 3, 2023

2:45 PM – 4:00 PM ET

Live Stream Series (Online Synchronous Training)

Complimentary CE Event for Sunrise Senior Living

Scan QR code or register online at

<https://bit.ly/Sunrise0503>



1 CREDIT HOUR APPROVED FOR:

Social Workers

ASWB ACE – 1 CE Credit

New York State Education Department’s State Board for Social Work – 1 Contact Hour

NASW NJ – 1 CE Credit (Pending)

Nurses

California Board of Registered Nursing – 1 Contact Hour

Case Managers

CCMC – 1 Contact Hour

Counselors

NBCC – 1 Contact Hour

New York State Education Department’s State Board for Mental Health Practitioners – 1 Contact Hour

Long Term Care Administrators

NAB/NCERS – 1 Participant Hour (Pending)

Attendance or applied credit certificate available for other credentials.

Please make sure to check with your own state board to ensure transferability of CE credit.

PRESENTER:



Dana Greenia, RN, MS

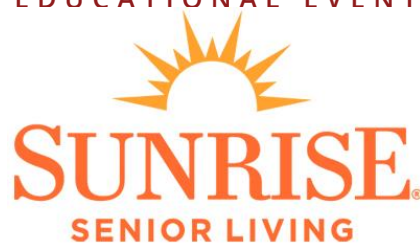
Clinical Researcher and Co-Investigator in “The 90+ Study”, a NIH-NIA funded population-based investigation of people over the age of 90, featured on 60 Minutes

Dana Greenia is a Registered Nurse, Clinical Researcher and Co-Investigator in “The 90+ Study”, a NIH-NIA funded population-based investigation of people over the age of 90. Initiated in 2003, The 90+ Study is based in Laguna Woods, California and has enrolled more than 1,960 participants making it likely the largest study of its kind in the world.

With more than 35 years of experience in health care, administration and research, Dana has been at UCI for 18 years in The Department of Neurology and The Institute for Memory Impairments and Neurological Disorders. She has a wealth of experience coordinating many types of research in aging including longitudinal studies, PET and MRI imaging trials, and genetic and other biomarkers associated with cognitive and functional abilities in the elderly.

Some of Dana’s recent accomplishments include obtaining accreditation for UC Irvine’s Geriatric Neurology Fellowship, and a publication titled: *Amyloid Imaging and Cognitive Decline in Non-Demented Oldest Old: The 90+ Study* (Alzheimer’s and Dementia, 2013). She has presented findings at scientific meetings, has given many community lectures, and has presented at national professional conferences. She was on the cover of *My Generation Magazine* in May of 2021 after giving two lectures in Portland, Maine. She also coordinated the taping of The 90+ Study research titled “Living to 90 and Beyond” that aired in May 2014 and again in November 2020 on the CBS news show *60 Minutes*. The show was such a success, it prompted *60 Minutes Australia* to visit and do another taping on the study. She worked closely with the producers of all three shows providing content and expertise in this challenging field of aging and dementia.

A COMPLIMENTARY EDUCATIONAL EVENT COURTESY OF:



For more information on the course, accommodations for disability, grievances, or any other concerns, please contact CEU Creations via Patty Tucker at patty@ceuc creationsinc.com or 770-880-9873.

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AGENDA

2:45 PM - 3:00 PM: Log-In and Virtual Networking

3:00 PM - 4:00 PM: Presentation

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If increases in life expectancy continue, more than half of all children born today can expect to celebrate their 100th birthday. It will be imperative that care providers and stakeholders come together to share evidence-based practices and innovative strategies to improve the health and wellbeing of our aging communities. Dana Greenia, RN, MS, Featured on 60 Minutes “Lessons from the Oldest Old”, will talk about her research on the oldest-old, those 90 years and older. She will cover the discoveries made throughout the study on how participants lived a long and healthy life, as well as contributing factors to dementia. Participants will learn about contributing factors to longevity and come away with tools to use with our aging population.

BY ATTENDING OUR WORKSHOP, YOU WILL BE ABLE TO:

- 1. Summarize the key factors of “The 90+ Study”**
- 2. Describe the necessity of researching those 90 years and older**
- 3. Recognize the importance of helping professionals practicing with longevity in mind**

Course Interaction and Technical Requirements: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions. A computer or mobile device is required. Zoom account is *not* required. You will receive an email approximately 24 hours prior to the start of the class with a link to the webinar.

In order to receive credit, you must login on time, attend the entire presentation, and complete an online evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided in approximately 5 business days.

Target audience: Social workers, case managers, discharge planners, nurses and other healthcare professionals.

SOCIAL WORKERS: CEU Creations, #1239, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 11/22/21-11/22/24. Social workers completing this course receive 1 General continuing education credit.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0616. This activity is approved for 1 contact hour.

This course has been submitted to NASW-NJ for consideration to offer credit to social workers in New Jersey, but is not yet approved. For more information, please contact Patty Tucker at patty@ceucreationsinc.com

NURSES: 1 Contact Hour - CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP16563. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

COUNSELORS: 1 Contact Hour -



CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0199. This activity is approved for 1 contact hour.

LONG TERM CARE ADMINISTRATORS: This program has been submitted for Continuing Education for total 1 Participant Hour to NAB/NCERS but is not yet approved. For questions, contact Patty Tucker at patty@ceucreationsinc.com.

All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.