

# CEs for a Cause

Thursday, April 13, 2023  
5:00 – 8:30 PM ET

**IN-PERSON EVENT!**  
**FEATURING COCKTAIL HOUR,  
DINNER & HEADSHOTS**

(Headshots available for the first 20 registrants)

**Holbrook Woodstock**  
**13682 Hwy 92**  
**Woodstock, GA**

**\$25.00 Registration**

Please scan QR Code or  
register online at

[www.ceucreationsinc.com](http://www.ceucreationsinc.com)



**CEU Creations will donate 100% of  
registration fees to  
Stand Up For Seniors!**

*Thank you to our generous sponsors!*



## Resilience and Ethics: Supporting Our Helping Professionals through Practical Tips and Insights from a Panel Discussion

Featuring:



**David Williamson, LMSW, MBA**  
**Founder of Soaring Mindset**

**Panelists:** Kimberly Zukowski, LMSW, CCM, LSSB, Executive Director of Care Coordination, Wellstar Health System; Sarah Warshaw, LCSW, Manager Technology Training, Wellstar Health System; Kimberly Merlin, RN, MSN, Care Coordinator, Northside Health System; Kim Stevens BSN, RN, CCM, Care Coordinator, Northside Hospital Cherokee

- **2 Ethics Credits!**
- **A Free Resilience Building Workbook for Each Participant**

### 2 CREDIT HOURS APPROVED FOR:

- **Social Workers**  
ASWB ACE – 2 Ethics Credits  
New York State Education Department's State Board for Social Work – 2 Contact Hours
- **Case Managers**  
CCMC – 2 Ethics Hours
- **Nurses**  
California Board of Registered Nursing – 2 Contact Hours
- **Counselors** (2 Ethics Credits or 2 Contact Hours\*)  
NBCC ACEP – 2 Contact Hours  
NY State Education Department's State Board for Mental Health Practitioners – 2 Contact Hours

\*Some states do not require/accept ethics hours for counselors, for those cases contact hours will be awarded.

Attendance or applied credit certificate available for other credentials.  
Please make sure to check with your own state board to ensure transferability of CE credit.



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## Resilience and Ethics:

### Supporting Our Helping Professionals through Practical Tips and Insights from a Panel Discussion

Since the pandemic, helping professionals have experienced record levels of burnout, stress and compassion fatigue. While much training focuses on self-care, this training focuses on exploring the concept of resilience. During this special event created to support our helping professionals, participants will have the opportunity to learn about their own individual resilience through various exercises. In addition, we will explore the definition and four categories of resilience. We will also review our ethical obligations as helping professionals to build our own resilience around ethics of self-care and other critical principles, help our clients with their resilience, recognize warning signs that our tanks are low, and provide tips and tricks to fill them back up. In the second half of the event, participants will be able to engage in a panel with other professionals and hear multiple perspectives on resilience and self care.

**By the end of the session, the participant will be able to:**

1. State the definition of resilience and how we have an ethical obligation to ensure we are caring for ourselves.
2. Identify the four categories of individual resilience
3. Identify strategies to build resilience with our clients and within ourselves as helping professionals.

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#### Presenter Bio



**David Williamson, LMSW, MBA, and Founder of Soaring Mindset** has over twenty years of experience in social work. Over that time, he has worked in child protective services, hospice, dialysis and hospital based social work/case management. In addition, David has ten years experience in progressive leadership roles within the hospital setting and currently serves as a director of case management and patient logistics. David is a Licensed Master Social Worker and also holds an MBA.

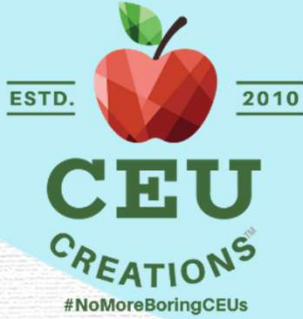
David is passionate about self-care and personal growth. He spends time at work mentoring and coaching other leaders to grow professionally as well as personally. He started Soaring Mindset in 2021 after years of working with others as a coach and mentor. David desires to see others to know their why and live their purpose.

When not working his full-time position or his life coaching job, David enjoys spending time with his wife and four children. He enjoys hiking, photography, reading and learning new things.

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## Resilience and Ethics: Supporting Our Helping Professionals through Practical Tips and Insights from a Panel Discussion

**SOCIAL WORKERS:** CEU Creations, #1239, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 11/22/21-11/22/24. Social workers completing this course receive 2 Ethics continuing education credits.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0616. This activity is approved for 2 contact hours.

**NURSES:** 2 Contact Hours - CEU Creations is an approved provider of nursing CE through the California Board of Registered Nursing. Provider number: CEP16563. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

**COUNSELORS:** 2 Ethics Credits or 2 Contact Hours



CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0199. This activity is approved for 2 contact hours.

**Cancellation Policy:** Registrants must cancel via email or phone at [patty@ceucorationsinc.com](mailto:patty@ceucorationsinc.com) or 770-880-9873 (contacting other staff members/leadership does not guarantee your cancellation.) No faxes or mail cancellations will be accepted. Cancellation Fee: \$25 - Refunds will not be given for cancellations within five (5) business days prior to the workshop date.

Target audience: Social workers, case managers, discharge planners, nurses, counselors, and other healthcare professionals – intermediate content level.

### Agenda

5:00 – 6:30 PM: Networking/Cocktail  
 Hour Headshots/Bufferet  
 Dinner

6:30 – 8:30 PM: Presentation

*Carpooling is encouraged, parking  
 instructions will be sent with  
 confirmation email.*

Cocktail Hour, Dinner and 2 Hour CE  
 Training included in price.

First 20 people to register will be put  
 on list for headshot.

**Seating is limited to 65!!**

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