

# Recognize, Respond and Empower: Promoting Growth and Resilience through a Trauma Informed Lens

## FEATURING:

- 5 Ethics CE Hours

Friday, August 11, 2023

9:00 AM – 3:00 PM ET

## Live Stream Series (Online Synchronous Training)

**\$74.99 Early Bird Registration**

After July 28<sup>th</sup> registration is \$84.99



Please scan QR Code or  
register online at

[www.ceucreationsinc.com](http://www.ceucreationsinc.com)

- An interactive event with real stories, case scenarios, and packed full of strategies and tools for participants to utilize in their own practice

## 5 CREDIT HOURS APPROVED FOR:

### Social Workers

ASWB ACE – 5 Ethics CE Credits

New York State Education Department's State Board for Social Work – 5 Contact Hours

### Nurses

California Board of Registered Nursing – 5 Contact Hours

### Case Managers

CCMC – 5 Ethics Hours

### Counselors – 5 Ethics Hours or 5 Contact Hours\*

NBCC ACEP – 5 Contact Hours

New York State Education Department's State Board for Mental Health Practitioners – 5 Contact Hours

\*Some states do not recognize/award Ethics Hours for Counselors, in those cases Contact Hours will be awarded.

*Attendance or applied credit certificate available for other credentials.  
Please make sure to check with your own state board to ensure transferability of CE credit.*

## PRESENTED BY:



**Jessica Patterson, LMSW, DSW**  
Educational Manager,  
CEU Creations



**Nan O'Connor, MCC**  
Master Certified Coach and  
Author

## FEATURED 2023 Sponsors!



*Additional information for each sponsor can be found in the 2023 CEU Creations Georgia Supporter Directory that will be provided to each registrant.*

*For more information on the course, accommodations for disability, grievances, or any other concerns, please contact CEU Creations via Patty Tucker at [patty@ceucreationsinc.com](mailto:patty@ceucreationsinc.com) or 770-880-9873.*

# Recognize, Respond and Empower: Promoting Growth and Resilience through a Trauma Informed Lens



## AGENDA

<b>8:45 AM - 9:00 AM:</b>	Log In and Virtual Networking
<b>9:00 AM - 10:00 AM:</b>	A Walk in the Woods: Finding the light after child sexual abuse; <b>Nan O'Connor, MCC</b>
<b>10:00 AM - 10:10 AM:</b>	<i>Break</i>
<b>10:10 AM - 12:00 PM:</b>	Recognize and Respond Through a Trauma Informed Lens: Including Ethical Considerations; <b>Jessica Patterson, LMSW, DSW</b>
<b>12:00 PM - 12:40 PM:</b>	<i>Lunch and Sponsor Spotlight</i>
<b>12:40 PM - 1:50 PM:</b>	Empowering Through a Trauma Informed Lens and the Ethical Considerations; <b>Jessica Patterson, LMSW, DSW</b>
<b>1:50 PM - 2:00 PM:</b>	<i>Break</i>
<b>2:00 PM - 3:00 PM:</b>	Assessment, Tools, and Strategies: Practicing with a trauma informed lens; <b>Jessica Patterson, LMSW, DSW</b>

Trauma Informed Care has been all the buzz with organizations being trauma informed and practitioners utilizing a trauma informed approach, but have you wondered what this actually looks like? Do you want to know how you can be trauma informed or how to assess your own trauma informed approach? If you answered "yes", then this event is for you! In the morning, participants will hear the story of a survivor and the factors that led to her success. Throughout the rest of the day participants will learn how to implement a framework in which they recognize, respond, and empower the populations they work with.

### BY ATTENDING OUR WORKSHOP, YOU WILL BE ABLE TO:

- **Describe the four R's of trauma informed care**
- **Identify the principles of trauma informed care**
- **Discover strategies that are trauma informed to use in practice**
- **Evaluate the own practice and whether it is trauma informed**
- **Formulate a plan for implementation of a trauma informed approach**

*Course Interaction and Technical Requirements:* This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions. A computer or mobile device is required. Zoom account is *not* required. You will receive an email approximately 24 hours prior to the start of the class with a link to the webinar.

*In order to receive credit, you must log in on time, attend the entire presentation, and complete an online evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided in approximately 5 business days.*

Target audience: Social workers, case managers, discharge planners, nurses, counselors, and other healthcare professionals.

**SOCIAL WORKERS:** CEU Creations, #1239, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: [11/22/21-1/22/24]. Social workers completing this course receive 5 Ethics continuing education credits.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0616. This activity is approved for 5 contact hours.

**NURSES:** 5 Contact Hours - CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP16563. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

**COUNSELORS:** 5 Ethics hours or 5 Contact Hours



CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0199. This activity is approved for 5 contact hours.

**Cancellation Policy:** Registrants must cancel via email or phone at [patty@ceucreationsinc.com](mailto:patty@ceucreationsinc.com) or 770-880-9873 (contacting other staff members/leadership does not guarantee your cancellation.) No faxes or mail cancellations will be accepted. Cancellation Fee: \$25- Refunds will not be given for cancellations within five (5) business days prior to the workshop date.

# Recognize, Respond and Empower: Promoting Growth and Resilience through a Trauma Informed Lens



## PRESENTER BIOS:



### **Jessica Patterson, LMSW, DSW, Educational Manager, CEU Creations**

Jessica is a licensed social worker with over ten years of experience working in different systems. Jessica has a strong passion for teaching, training, and professional development. She also has a strong background around creating trauma informed systems, social emotional behavioral health and the implementation of community and individual support systems.

Jessica has created and facilitated many professional development trainings throughout her career. Jessica's role at CEU Creations includes developing curriculum, working with licensure boards, and presenting at various CE trainings. She holds a Bachelor's degree in organizational management and sociology from Ashford University. She received her Master's in Social Work from University of Iowa and her Doctoral degree in Social Work from Capella University. Jessica is a licensed Social Worker through the state of Iowa. Jessica currently lives in Iowa with her husband, four children, two dogs, and cat.

Any spare moment that Jessica has is usually spent running or reading.



### **Nan O'Connor, MCC Master Certified Coach and Author**

Nan O'Connor, MCC, is a Master Certified Coach and Author of *A Walk in the Woods: An Incest Survivors Guide to Resolving the Past and Creating a Great Future*. As a sexual abuse survivor Nan has one simple intention – to promote healing for other survivors. Nan has developed a free website with resources for anyone who is on their path of healing. Professionally Nan has built a successful business guiding small business owners and corporate executives on creating sustainable growth. Nan is a past president of the Georgia chapter of the International Coach Federation and is certified by the Arbinger Institute. In addition, she has lectured on professional development at Emory University and speaks to audiences around the world. Nan is also the creator of LeaderSkills, a training program that helps turn managers into leaders.