# Women and Trauma and an Overview of Electroconvulsive Therapy (ECT) for Helping Professionals



Friday, September 29, 2023 9:00 AM ET – 12:45 PM ET Live Stream Series (Online Synchronous Training)

# Complimentary CE Event for Behavioral Health Connections Georgia

Space is limited.
Please scan QR code or register online at:
<a href="https://bit.ly/3QIVcjl">https://bit.ly/3QIVcjl</a>



#### **3 CREDIT HOURS APPROVED FOR:**

- Social Workers
   ASWB ACE 3 CE Credits
   New York State Education Department's State
   Board for Social Work 3 Contact Hours
- Case Managers
   CCMC 3 Contact Hours
- Nurses
   California Board of Registered Nursing 3 Contact Hours
- Counselors
   NBCC ACEP 3 Contact Hours
   New York State Education Department's State
   Board for Mental Health Practitioners 3 Contact
   Hours

Attendance or applied credit certificate available for other credentials.

Please make sure to check with your own state board to ensure transferability of CE credit.

#### **PRESENTERS:**



Marie Selleck, LMSW, CAADC, and Owner of Marie E Selleck Therapy and ME Selleck Coaching



Mark Hutto, M.D. and D.L.F.A.P.A, Psychiatrist and Peachford Hospital Team Member

This event is generously sponsored by:

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Georgia

## Women and Trauma and an Overview of Electroconvulsive Therapy (ECT) for Helping Professionals



#### **AGENDA**

9:00 AM ET - 9:15 AM ET:	Log-in and Virtual Networking
9:15 AM ET - 11:15 AM ET:	Women and Trauma - <b>Marie Selleck, LMSW, CAADC</b> , and Owner of Marie E Selleck Therapy and ME Selleck Coaching
11:15 AM ET - 11:45 AM ET:	Break and Spotlight
11:45 АМ ЕТ - 12:45 РМ ЕТ:	An Overview of ECT Therapy - <b>Mark Hutto, M.D. and D.L.F.A.P.A</b> , Psychiatrist and Peachford Hospital Team Member

This presentation will help individuals understand the variety of causes of trauma throughout a woman's lifetime, and how trauma manifests in women throughout their lifetime and in different roles. There will be a specific focus on understanding the long-term impacts of childhood abuse and neglect on a woman's self-esteem and ability to advocate for herself, as well as acute traumas resulting in Post-Traumatic Stress Disorder (PTSD). Participants will learn risk factors that contribute to repetitive trauma, including the ACE study. Participants will leave the training with a better understanding of the "domino effect" of trauma in women and how it impacts generations, as well as how to best provide compassionate support and referral when appropriate and necessary. In the second part of this training, participants will receive an overview of Electroconvulsive Therapy (ECT), a medical treatment approach most commonly used to treat patients with severe depression or bipolar disorder that has not responded to other treatment modalities.

#### BY ATTENDING OUR WORKSHOP, YOU WILL BE ABLE TO:

- 1. Recognize how trauma manifests as a woman ages, as well as the generational impacts
- 2. Discover how to interact and assess people with different levels of trauma
- 3. Identify the stages of change and how to support individuals in different parts of their life journey
- 4. Describe the benefits of electroconvulsive therapy and when it would be an appropriate treatment intervention/tool.

Course Interaction and Technical Requirements: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions. A computer or mobile device is required. Zoom account is not required. You will receive an email approximately 24 hours prior to the start of the class with a link to the webinar.

In order to receive credit, you must log in on time, attend the entire presentation, and complete an online evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided in approximately 5 business days.

Target audience: Social workers, case managers, discharge planners, nurses, counselors, and other healthcare professionals.

**SOCIAL WORKERS:** CEU Creations, #1239, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: [11/22/21-11/22/24]. Social workers completing this course receive 3 Clinical continuing education credits.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0616. This activity is approved for 3 Contact hours.

**NURSES**: 3 Contact Hours - CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP16563. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

**COUNSELORS:** 3 Contact Hours



CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0199. This activity is approved for 3 contact hours.

**Cancellation Policy:** Registrants must cancel via email or phone at <a href="mailto:patty@ceucreationsinc.com">patty@ceucreationsinc.com</a> or 770-880-9873 (contacting other staff members/leadership does not guarantee your cancellation.) No faxes or mail cancellations will be accepted.

For language assistance, disability accommodations and the nondiscrimination notice, visit our website. https://behavioralhealthgeorgia.com

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#### PRESENTER BIOS



#### Marie Selleck, LMSW, CAADC, and Owner of Marie E Selleck Therapy and ME Selleck Coaching

Marie is a licensed therapist in the state of Michigan and specializes in the treatment of PTSD, substance use disorders, anxiety disorders, selfesteem. She helps her clients find confidence, happiness, and security by equipping them with the tools they need to better understand their history, and how it has impacted their conditioning and thinking patterns, so they can better understand themselves and make the change they want.

Marie is also an online empowerment coach for women who want to recover from the impacts of a mother who was/is not emotionally present in their lives. She focuses on empowering women to recognize that their worth is not determined by their mother's reactions, affection, or approval, but is determined by how they wholeheartedly live out their values. Marie helps women gain a deeper understanding of how the attachment to an unhealthy mother can lead to challenges with self-esteem, boundaries, and relationships; as well as how to re-define themselves the way THEY want to be, connected to their own emotions, so they can live their most sincere life.



#### Mark Hutto, M.D. and D.L.F.A.P.A

Dr. Mark Hutto received his medical degree from Emory University School of Medicine then completed further training at Emory with an internship and residency in psychiatry. In addition to his general psychiatric practice, Dr. Hutto also performs Electroconvulsive Therapy (ECT) and Transcranial Magnetic Stimulation (TMS), and is a member of the staff at Peachford Hospital. A member of the American Psychiatric Association, the American Medical Association, the Georgia Psychiatric Association, Medical Association of Georgia and Medical Association of Atlanta, Dr. Hutto is also a Distinguished Fellow of the American Psychiatric Association.

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