An Overview of Motivational Interviewing: With a Focus on Older Adults & Resistance



• An overview of the motivational interviewing framework with implementation techniques

• Rhonda DiNovo, Clinical Associate Professor at The University of South Carolina

Thursday, October 12, 2023 | 11:45 AM - 1:00 PM ET

Live Stream Series (Online Synchronous Training)

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1 CREDIT HOUR APPROVED FOR:

- Social Workers
 ASWB ACE 1 CE Credit
 New York State Education Department's State Board for
 Social Work 1 Contact Hour
- Case Managers
 CCMC 1 Contact Hours
- Nurses
 California Board of Registered Nursing 1 Contact Hour
- Counselors
 NBCC ACEP 1 Contact Hour
 NY State Education Department's State Board for Mental
 Health Practitioners 1 Contact Hour

Attendance or applied credit certificate available for other credentials.

Please make sure to check with your own state board to ensure transferability of CE credit.

PRESENTER:



Rhonda DiNovo, LMSW, MSW, ADC-IP, Clinical Assistant Professor, MSW Program Coordinator, College of Social Work – University of South Carolina

Rhonda DiNovo serves as Clinical Assistant Professor, MSW Program Coordinator, and Coordinator of the Graduate Drug and Addictions Studies Certificate Program in the College of Social Work at the University of South Carolina. She teaches students important theoretical and practice approaches in interdisciplinary health and mental health, as well as principles and practices of motivational interviewing and cognitive behavior therapy. Professor DiNovo also serves as Field Supervisor and Director of the West Columbia Outreach Program, a police social work outreach service offered through the West Columbia Police Department that provides brief screening, assessment and referral to treatment services and community resources to those in mental health and substance use crisis. Prior to becoming a full-time faculty member in the College of Social Work, Rhonda served three years as Director of Substance Abuse Prevention and Education for USC and eight years as Prevention Specialist for adolescents and their families at LRADAC.

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AGENDA

11:45 AM – **12:00** PM: Log In and Virtual Networking

12:00 PM - 1:00 PM: Presentation

Motivational Interviewing is an ethical, effective technique for professionals in many practice settings to engage in meaningful conversations with clients to help facilitate attitude and behavior change. This workshop examines a brief definition and history, theoretical framework, style and spirit, process, and techniques of motivational interviewing. The workshop also explores how biases and diversity influences behavior and services, and provides tools for reflection, self-monitoring and regulation to manage personal values and maintain professional standards of practice. Participants will receive examples and tools for working with older adults and dealing with resistance.

BY THE END OF THE SESSION, THE PARTICIPANT WILL BE ABLE TO:

- Review the basic terminology and framework of motivational interviewing
- Examine utilizing motivational interviewing when working with older adults
- Describe the motivational interviewing process

Course Interaction and Technical Requirements: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions. A computer or mobile device is required. Zoom account is *not* required. You will receive an email approximately 24 hours prior to the start of the class with a link to the webinar.

In order to receive credit, you must login on time, attend the entire presentation, and complete an online evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided in approximately 5 business days.

Target audience: Social workers, case managers, discharge planners, nurses, counselors, and other healthcare professionals.

SOCIAL WORKERS: CEU Creations, #1239, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: [11/22/21-11/22/24]. Social workers completing this course receive 1 Clinical continuing education credit

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