# Effective Practices in the School Setting for Helping Professionals Symposium



### • 6 Ethics CE's

• An expert lineup of presenters on varying on hot topics within schools

New York State Education Department's State Board for

California Board of Registered Nursing – 6 Contact Hours

New York State Education Department's State Board for

\* Some states do not recognize Ethics Hours for Counselors; in those

Attendance or applied credit certificate available for other credentials.

Please make sure to check with your own state board to ensure transferability of CE credit.

Counselors - 6 Ethics Hours or 6 Contact Hours\*

Mental Health Practitioners - 6 Contact Hours

**6 CREDIT HOURS APPROVED FOR:** 

ASWB ACE - 6 Ethics CE Credits

Social Work – 6 Contact Hours

NBCC ACEP - 6 Contact Hours

cases, Contact Hours will be awarded.

**Social Workers** 

Case Managers

Nurses

CCMC - 6 Ethics Hours

Friday, February 23, 2024 | 9:00 AM – 4:00 PM ET

Live Stream Series (Online Synchronous Training)

### \$84.99 Early Bird Registration

*After February* 9<sup>th</sup> *registration is* \$94.99



Please scan QR Code or

register online at

www.ceucreationsinc.com

### **PRESENTED BY:**



**Cindy Murphy, PhD, LPC, ACS, NCC, NCSC** Online School Counseling Faculty, Grand Canyon University



**LeAnne Hale, MSW, Ed.S., CPT** School Social Worker, Oconee County Schools



Ashley Bell, M.Ed. School Counselor



Nick Swanson, LMSW School Social Worker and Adjunct Professor

Thank you to the generous support of our sponsors!

EMPIRE CARE





formerly Home Care Assistance

For more information on the course, accommodations for disability, grievances, or any other concerns, please contact CEU Creations via Patty Tucker at patty@ceucreationsinc.com or 770-880-9873.

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## Effective Practices in the School Setting for Helping Professionals Symposium



#### AGENDA

8:45 ам – 9:00 ам:	Log In and Virtual Networking
9:00 am - 10:00 am:	Change the Anxiety Conversation – Session One Cindy Murphy, PhD, LPC, ACS, NCC, NCSC; Leanne Hale, MSW, Ed.S., CPT
10:00 ам – 10:10 ам:	Break
10:10 ам – 11:10 ам:	Change the Anxiety Conversation – Session Two Cindy Murphy, PhD, LPC, ACS, NCC, NCSC; Leanne Hale, MSW, Ed.S., CPT
11:10 ам – 12:10 рм:	Through the tiers: Improving attendance through creative interventions Ashley Bell, M.Ed.
12:10 рм – 12:50 рм:	Lunch Break and Sponsor Spotlight
12:50 рм – 1:50 рм:	Through the tiers: Improving attendance through creative interventions Ashley Bell, M.Ed.
1:50 рм – 2:00 рм:	Break
2:00 рм – 4:00 рм:	Implementing Restorative Practices in the School Setting – Nick Swanson, LMSW

A child spends the second largest amount of time in school, right behind sleep. Therefore, it is imperative that schools are able to serve the whole child while they are there. This full day event will focus on how school social workers and other professionals can collaborate with school staff to make sure the whole child is being served. First, we will address student anxiety and strategies to make comprehensive changes. We will also examine some of the most used interventions and why many of these may often do more harm than good, and discover alternative, more effective strategies. Participants will walk away with outlines for both parent and educator book studies. Next, we will focus on attendance. We will discuss causes of poor attendance and addressing barriers for students and their families. Innovative interventions will be discussed, and participants will leave with new ideas. Lastly, we will discuss what restorative practices are, how to implement them, and the importance of implementing restorative practices in the school setting.

#### BY ATTENDING OUR WORKSHOP, YOU WILL BE ABLE TO:

- Identify effective and ineffective strategies for working through anxiety
- Explain how your levels of anxiety and responses to anxiety affect your students
- Name three causes of poor attendance
- Give examples of attendance interventions
- Describe how restorative practices are beneficial in the school setting

Course Interaction and Technical Requirements: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions. A computer or mobile device is required. Zoom account is not required. You will receive an email approximately 24 hours prior to the start of the class with a link to the webinar.

In order to receive credit, you must log in on time, attend the entire presentation, and complete an online evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided in approximately 5 business days.

Target audience: Social workers, case managers, discharge planners, nurses, counselors, and other healthcare professionals.

**SOCIAL WORKERS:** CEU Creations, #1239, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 11/22/21-11/22/24. Social workers completing this course receive 6 Ethics continuing education credits.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0616. This activity is approved for 6 contact hours.

NURSES: 6 Contact Hours - CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP16563. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

COUNSELORS: 6 Ethics Hours or 6 Contact Hours



CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0199. This activity is approved for 6 contact hours.

Cancellation Policy: Registrants must cancel via email or phone at patty@ceucreationsinc.com or 770-880-9873 (contacting other staff members/leadership does not guarantee your cancellation.) No faxes or mail cancellations will be accepted. Cancellation Fee: \$25- Refunds will not be given for cancellations within five (5) business days prior to the workshop date.

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## **PRESENTER BIOS**



**Cindy Murphy, PhD, LPC, ACS, NCC, NCSC** – Online School Counseling Faculty, Grand Canyon University

Dr. Murphy received her MEd in community agency counseling, and a PhD in Counselor Education and Supervision from Auburn University. She is a Licensed Professional Counselor (LPC-Georgia), Approved Clinical Supervisor (ACS), National Certified School Counselor (NCSC), Certified School Counselor (Georgia), and National Certified Counselor (NCC). Over the past 29 years, Dr. Murphy has worked with children and adults in a variety of settings including private practice, community agencies, and schools. She has extensive experience working with children and adolescents struggling with anxiety, adjustment issues, school issues, transitions to college, and trauma. Her research interests include anxiety treatment for children and adolescents, equity in the college admissions process, and school crisis response. Currently, she is a full-time online faculty member at Grand Canyon University and a part-time lecturer at the University of Georgia in the Department of Counseling and Human Development.



LeAnne Hale, MSW, Ed.S., CPT – School Social Worker, Oconee County Schools

LeAnne received her MSW and Ed.S. in School Social Work from the University of Georgia. Over the last 24 years, she has served primarily as a K-12 school social worker but also served for 7 years as an elementary school counselor. In these roles, LeAnne has served students from ages 5 to 20 years and their families to remove barriers to education due to multiple issues: mental health of students and parents, food insecurity, homelessness, poverty, and learning difficulties. Her current interests include helping students, caregivers, and faculty learn to normalize and manage anxiety in order to live fulfilling lives. As a Certified Personal Trainer, LeAnne is also passionate about education related to how overall health and wellness, both physical and emotional, are linked together, and how adequate sleep, movement, good nutrition, and strong social relationships contribute to good mental health across the lifespan.



#### Ashley Bell, M.Ed. - School Counselor

Ashley Bell, M.Ed. and school counselor is the face behind Mrs. Bell, The Crafty Counselor. She is a Florida-based elementary school counselor and social-emotional curriculum designer who loves travel, going to the beach, and all things SEL and emotional regulation. Ashley has been a counselor for almost a decade and is passionate about creating resources that leave a lasting impact on children. She specializes in behavior management and helping children learn to self-regulate their emotions. Ashley loves implementing crafty interventions that teach practical skills that, once mastered, can change the course of a child's life. Learn more about Ashley and her counseling programs at mrsbellthecraftycounselor.com.



#### Nick Swanson, LMSW – School Social Worker and Adjunct Professor

Nick Swanson, LMSW, is a school social worker for the Mississippi Bend Area Education Agency, based out of Bettendorf, Iowa. He has been a school social worker, serving schools for over ten years. Prior to his work in schools, he was a mental health professional at a residential facility for at-risk youth. He is an adjunct professor at St. Ambrose University in Davenport, Iowa. Nick's focus in schools includes building systems to support social-emotional behavioral needs of students, providing direct services to students and families, and evaluating and supporting students within special education. His work has included great attention on improving practices and policies within districts, and increasing therapeutic supports in schools.

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