

# Dementia and Planning for the Future: Living Wills, Goals of Care, Advance Directives, and Honoring People's Wishes



 Barak Gaster, MD, FACP, Professor of Medicine,
 The Dementia Directive: A tool that participants University of Washington, Director of the Cognition in Primary Care Program

Tuesday, April 9, 2024

11:45 AM - 1:00 PM ET

**Live Stream Series (Online Synchronous Training)** 

Complimentary CE Event for Northside Hospital System

\$15 for Non-Northside attendees

Please register online at www.ceucreationsinc.com



## 1 CREDIT HOUR APPROVED FOR:

- Social Workers
   ASWB ACE 1 CE Credit
   New York State Education Department's State Board for Social Work 1 Contact Hour
- Case Managers
   CCMC 1 Contact Hour
- California Board of Registered Nursing 1 Contact Hour
- Counselors
   NBCC ACEP 1 Contact Hour
   New York State Education Department's State Board for Mental Health Practitioners 1 Contact Hour

Attendance or applied credit certificate available for other credentials.

Please make sure to check with your own state board to ensure transferability of CE credit.

### PRESENTED BY:



Barak Gaster, MD, FACP, Professor of Medicine, University of Washington, Director of the Cognition in Primary Care Program.



**Jessica Patterson, LMSW, DSW** CEU Creations Educational Manager

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## **AGENDA**

11:45 AM - 12:00 PM: Log In and Virtual Networking

12:00 PM - 1:00 PM: Presentation (Pre-recorded)

1:00 PM: Closing/Evaluation

Worldwide the number of people who will experience dementia is projected to increase from 47 million in 2015 to 132 million by 2050 (Gaster, et al. 2017). End-of- life planning is important for everyone, but standard advance directives are often not helpful for people who develop dementia. Standard advance directives generally address rare scenarios such as if someone were to fall into a permanent coma, but fail to provide guidance for the most common reason people lose decision-making capacity: dementia. This session will explore the many options available for helping guide advance care planning for dementia, with special attention to the use of dementia-specific advance directives.

### BY THE END OF THE SESSION. THE PARTICIPANT WILL BE ABLE TO:

- Identify the different components of the dementia directive and how it differs from forms which designate a health agent or power of attorney
- Describe two best practices and resources to improve advance care planning with seniors and their care partners
- Identify the goal directed options for a dementia specific advanced directive

Course Interaction and Technical Requirements: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions. A computer or mobile device is required. Zoom account is not required. You will receive an email approximately 24 hours prior to the start of the event with a link to the webinar.

In order to receive credit, you must log in on time, attend the entire presentation, and complete an evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided in approximately 5 business days.

Target audience: Social workers, case managers, counselors, discharge planners, nurses and other healthcare professionals.

**SOCIAL WORKERS:** CEU Creations, #1239, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: [11/22/21-11/22/24]. Social workers completing this course receive 1 General continuing education credit.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0616. This activity is approved for 1 contact hour.

**NURSES:** 1 Contact Hour - CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP17905. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

**COUNSELORS**: 1 Contact Hour



CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0199. This activity is approved for 1 contact hour.

All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

For more information on the course, accommodations for disability, grievances, or any other concerns, please contact CEU Creations via Patty Tucker at <a href="mailto:patty@ceucreationsinc.com">patty@ceucreationsinc.com</a>



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Barak Gaster, MD, FACP, Professor of Medicine, University of Washington, Director of the Cognition in Primary Care Program.

Dr. Gaster has been an educator and primary care physician since 1998, where he has gained a national reputation for creating solutions to difficult problems in medicine. He is a member of the Hastings Center Workgroup on Ethics and Dementia, a member of the Washington Dementia Action Collaborative, and on the leadership team which developed the most recent edition of the CDC's Healthy Brain Initiative. The Dementia Directive he helped develop has been downloaded more than 150,000 times and has been featured in the NY Times and on NPR.



## Jessica Patterson, LMSW, DSW, Educational Manager, CEU Creations

Jessica Patterson is a licensed social worker with over ten years of experience working in different systems. Jessica has a strong passion for teaching, training, and professional development. She also has a strong background around creating trauma informed systems, social emotional behavioral health and the implementation of community and individual support systems.

Jessica has created and facilitated many professional development trainings throughout her career. Jessica's role at CEU Creations includes developing curriculum, working with licensure boards, and presenting at various CE trainings.

Jessica holds a Bachelor's degree in organizational management and sociology from Ashford University. She received her Master's in Social Work from University of Iowa and her Doctoral degree in Social Work from Capella University. Jessica is a licensed Social Worker through the state of Iowa. Jessica currently lives in Iowa with her husband, four children, two dogs, and cat. Any spare moment that Jessica has is usually spent running or reading.