

# An Overview of Ethics and Boundaries for Helping Professionals



## FEATURING:

- 5 CE Credits for Ethics and Boundaries

- Interactive and Engaging Ethics with Case Scenarios, Videos, and other Activities

Friday, January 31, 2025 | 9:00 AM – 3:00 PM ET

## Live Stream Series (Online Synchronous Training)

**\$74.99 Early Bird Registration**

After January 17<sup>th</sup> Registration is \$99.99

Space is limited.



Please scan QR code or register online at

[www.ceucreationsinc.com](http://www.ceucreationsinc.com)

## 5 CREDIT HOURS APPROVED FOR:

### • Social Workers

ASWB ACE – 5 Ethics CE Credits

New York State Education Department's State Board for Social Work – 5 Contact Hours

### • Case Managers

CCMC – 5 Ethics Hours

### • Nurses

California Board of Registered Nursing – 5 Contact Hours

### • Counselors 5 Ethics or 5 Contact Hours\*

NBCC ACEP – 5 Contact Hours

New York State Education Department's State Board for Mental Health Practitioners – 5 Contact Hours

*\*Some states do not require/accept ethics hours for counselors, for those cases contact hours will be awarded.*

*Attendance or applied credit certificate available for other credentials.*

**Please make sure to check with your own state board to ensure transferability of CE credit.**

## PRESENTER:



**Jessica Patterson,  
LMSW, DSW**

Educational Manager,  
CEU Creations

**Jessica Patterson, LMSW, DSW**, is a licensed social worker with over ten years of experience working in different systems. Jessica has a strong passion for teaching, training, and professional development. She also has a strong background around creating trauma informed systems, social emotional behavioral health and the implementation of community and individual support systems.

Jessica has created and facilitated many professional development trainings throughout her career. Jessica's role at CEU Creations includes developing curriculum, working with licensure boards, and presenting at various CE trainings.

Jessica holds a Bachelor's degree in organizational management and sociology from Ashford University. She received her Master's in Social Work from University of Iowa and is currently working on her Doctoral degree in Social Work. Jessica is a licensed Social Worker through the state of Iowa. Jessica currently lives in Iowa with her husband, four children, two dogs, and cat. Any spare moment that Jessica has is usually spent running or reading.

*Thank you to the generous support of our sponsors!*

*For more information on the course, accommodations for disability, grievances, or any other concerns, please contact CEU Creations at [support@ceucreationsinc.com](mailto:support@ceucreationsinc.com).*

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## AGENDA

<b>8:45 AM ET – 9:00 AM ET:</b>	Log-in and Virtual Networking
<b>9:00 AM ET – 12:00 PM ET:</b>	An Overview of Ethics and Boundaries for Helping Professionals with a Focus on the Intersection of Ethics and the Law - <b>Jessica Patterson, LMSW, DSW</b> , Educational Manager, CEU Creations <i>(includes 10 min break)</i>
<b>12:00 PM ET – 12:40 PM ET:</b>	Lunch and Sponsor Spotlight
<b>12:40 PM ET – 3:00 PM ET:</b>	Maintaining Ethics and Boundaries for Helping Professionals with a Focus on Technology and Self-Care - <b>Jessica Patterson, LMSW, DSW</b> <i>(includes 10 min break)</i>
<b>3:00 PM ET:</b>	Closing/Evaluation

*Please note this event will be a meeting format in Zoom which allows you to turn on your camera. The use of breakout rooms will also be utilized.*

Establishing and maintaining boundaries as a helping professional is essential, aiming to protect the client, the professional, and the professional's employer. These boundaries help to avoid or reduce emotional distress and facilitate open, safe, and transparent communication that prioritizes the needs of the client while maintaining necessary boundaries for all. Understanding these boundaries is also part of our ethical code for social workers, counselors, case managers, and nurses. Gaining knowledge of the relevant laws and ethics that inform and guide our practice is also crucial for all helping professionals. The first half of this training will focus on our ethical obligations around communication/boundaries as helping professionals and the unique challenges we may face in healthcare settings. We will take a deeper look at the intersection of our ethics and laws through case scenarios and various activities. In the afternoon we will focus on boundary issues around social media, internet searches, and electronic record keeping. In addition, we will discuss the importance of ethics and boundaries in maintaining our own mental health as helping professionals. This training will provide many tips and resources for helping professionals to take and utilize in the field right away!

### BY THE END OF THE SESSION, THE PARTICIPANT WILL BE ABLE TO:

- Explain how ethics and the law intersect to complicate ethical dilemmas
- Identify the concepts of duty to report and duty to evaluate
- Summarize a decision-making model when an ethical or boundary issue occurs
- Describe the importance of social media policies for boundaries
- List examples of when searching for client data online may or may not be acceptable
- Identify the ethical standards and ethical decision-making models used by mental health professionals in relation to compassion fatigue, burnout, and self-care

*Course Interaction and Technical Requirements:* This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions. A computer or mobile device is required. Zoom account is *not* required. You will receive an email approximately 24 hours prior to the start of the class with a link to the webinar.

*In order to receive credit, you must log in on time, attend the entire presentation, and complete an online evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided in approximately 5 business days.*

Target audience: Social workers, case managers, discharge planners, nurses, counselors, and other healthcare professionals.

**SOCIAL WORKERS:** CEU Creations, #1239, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: [11/22/21-11/22/24]. Social workers completing this course receive 5 Ethics continuing education credits. *(Application has been submitted for renewal to ASWB/ACE)*

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0616. This activity is approved for 5 Contact hours.

**NURSES:** 5 Contact Hours - CEU Creations is an approved provider of nursing CE through the California Board of Registered Nursing. Provider number: CEP17905. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

**COUNSELORS:** 5 Ethics Hours or 5 Contact Hours



CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0199. This activity is approved for 5 contact hours.

**Cancellation Policy:** Registrants must cancel via email at [support@ceucorationsinc.com](mailto:support@ceucorationsinc.com) (contacting other staff members/leadership does not guarantee your cancellation.) No faxes or mail cancellations will be accepted. Cancellation Fee: \$25 - Refunds will not be given for cancellations within five (5) business days prior to the workshop date.