



# Removing Fear and Uncertainty at the End of Life



## FEATURING:

- Gabrielle Jimenez, LVN, CHPLN, Hospice Nurse, End of Life Doula, Author, Educator, and Founder of the Hospice Heart with over 147,000 followers
- Valuable tips and tools to provide comfort and healing during the end of life.

Wednesday, January 15, 2025

2:45 PM – 4:00 PM ET

**Live Stream Series**

**(Online Synchronous Training)**

**\$14.99 Early Bird Registration**

*After January 1st registration is \$19.99*



Please register online at  
[www.ceucreationsinc.com](http://www.ceucreationsinc.com)

## 1 CREDIT HOUR APPROVED FOR:

- **Social Workers**  
ASWB ACE – 1 CE Credit  
New York State Education Department's State Board for Social Work – 1 Contact Hour
- **Case Managers**  
CCMC – 1 Contact Hour
- **Nurses**  
California Board of Registered Nursing – 1 Contact Hour
- **Counselors**  
NBCC ACEP – 1 Contact Hour  
New York State Education Department's State Board for Mental Health Practitioners – 1 Contact Hour

*Attendance or applied credit certificate available for other credentials*

**Please make sure to check with your own state board to ensure transferability of CE credit.**

## PRESENTED BY:



**Gabrielle Jimenez, LVN, CHPLN,** Hospice Nurse, End-of-Life Doula, Author and Educator, founder of The Hospice Heart

Gabrielle “Gabby” Jimenez is a hospice nurse, an end-of-life doula, and a conscious dying educator. She has written four books, writes a weekly blog, and has a hospice Facebook page which has 147,000 followers. Her focus is on trying to change the culture relative to death and dying; helping others to feel more comfortable talking about death. And while she sees a lot of death, what she really finds joy in, is her lessons, which are about love, life, culture, tradition, and faith. She combines her experience as a hospice nurse with her in-depth doula training to help her to be more present at the bedside, bringing both patient and family together at that intimate moment of death. She teaches courses on end-of-life care which are helpful to anyone who works in this field, offering guidance to someone who is navigating or caring for someone who has a terminal illness. She also teaches two Ritual & Ceremony classes; one that focuses on grief and loss, and another that focuses on forgiveness of self and others. The legacy she hopes to leave behind is that she helped improve the way people are cared for when they die, and that she inspired others to do this work well.

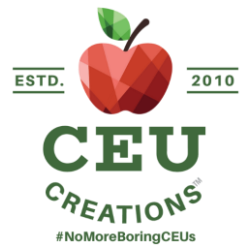
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## AGENDA

<b>2:45 PM - 3:00 PM ET:</b>	Log In and Virtual Networking
<b>3:00 PM - 4:00 PM ET:</b>	Presentation
<b>4:00 PM ET:</b>	Closing/Evaluation

"Removing Fear and Uncertainty at the End of Life" provides social workers, counselors, case managers, and nurses with essential knowledge to support individuals and families through the dying process. The training will explore the physiological changes that occur near death, such as changes in breathing and skin, the cessation of food and water, and the administration of medications. Attendees will also learn about the death rattle and how to interpret signs that death is imminent. By understanding these phenomena, professionals can alleviate fear and provide compassionate guidance to those in their care.

### BY THE END OF THIS SESSION, THE PARTICIPANT WILL BE ABLE TO:

1. Identify and explain the common physiological signs indicating that an individual is nearing the end of life, including breath and skin changes
2. Explain the role of medications at the end of life, focusing on their use for symptom management and comfort care
3. Demonstrate effective communication strategies for addressing family concerns about end-of-life signs, such as the death rattle, cessation of food and water, and other physiological changes.

Course Interaction and Technical Requirements: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions. A computer or mobile device is required. Zoom account is not required. You will receive an email approximately 24 hours prior to the start of the event with a link to the webinar.

**In order to receive credit, you must log in on time, attend the entire presentation, and complete an evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided in approximately 5 business days.**


Target audience: Social workers, case managers, counselors, discharge planners, nurses and other healthcare professionals.

**SOCIAL WORKERS:** CEU Creations, #1239, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: [11/22/21-11/22/24]. Social workers completing this course receive 1 General continuing education credit.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0616. This activity is approved for 1 contact hour.

**NURSES:** 1 Contact Hour - CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP17905. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

**COUNSELORS:** 1 Contact Hour

 CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0199. This activity is approved for 1 contact hour.

**All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.**

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