

Ethics in Complementary and Alternative Interventions (CAI) in Clinical Mental Health Practice



• Evidence-based discussions on CAI's ethical use and clinical impact

• Practical strategies for integrating holistic and client-centered CAI approaches into practice

Thursday, February 6, 2025 | 9:00 AM – 12:00 PM ET

Live Stream Series (Online Synchronous Training)

\$44.99 Early Bird Registration

After January 23rd registration is \$59.99

Please scan QR Code or register online at

www.ceucreationsinc.com



3 CREDIT HOURS APPROVED FOR:

- **Social Workers**
ASWB ACE – 3 Ethics CE Credits
New York State Education Department's State Board for Social Work – 3 Contact Hours
- **Case Managers**
CCMC – 3 Ethics Hours
- **Nurses**
California Board of Registered Nursing – 3 Contact Hours
- **Counselors** 3 Ethics Hours or 3 Contact Hours*
NBCC ACEP – 3 Contact Hours
NY State Education Department's State Board for Mental Health Practitioners – 3 Contact Hours

* Some states do not recognize Ethics Hours for Counselors. In those cases, Contact Hours will be awarded.

Attendance or applied credit certificate available for other credentials.

Please make sure to check with your own state board to ensure transferability of CE credit.

PRESENTED BY:



Tina Vitolo, LCSW, DSW, Founder and CEO of Dimensional Wellness and The Black Sheep Therapist

Dr. Tina Vitolo, a Doctor of Social Work and Licensed Clinical Social Worker with almost two decades of experience in the mental health field, serves as a Qualified Supervisor and operates her private practice, Dimensional Wellness. As the founder and CEO of The Black Sheep Therapist, she also specializes in supporting unconventional mental health therapists in redefining and relaunching their practices within ethical and regulatory standards while preserving their unique skills and passions. Driven by a love for spiritual and holistic interventions, she acknowledges the importance of bridging clinical research with alternative healing methods. Her research, notably published in the Research on Social Work Practice Journal, explores "Licensed clinical social workers' perceptions of Complementary and Alternative Interventions". Additionally, she was a co-author on the manuscript "Social work and human rights: Learning from COVID-19," published in the Journal of Human Rights and Social Work. Dr. Vitolo's commitment extends to assisting therapists in aligning their experiences and stories to build an integrative clinical framework, incorporating non-empirically supported interventions within evidence-based practices, and upholding ethical standards in clinical practice. Dr. Vitolo's teaching experience includes a social work adjunct professor at Florida Atlantic University in Boca Raton, FL, focusing on Global Studies. Dr. Tina Vitolo hosts free online webinar training focused on bridging clinical and complementary and alternative interventions in her Black Sheep Therapist Facebook Group. Dr. Tina Vitolo teaches an Innovative Practitioner Accelerator Program teaching unconventional therapists redefine and relaunch their private practices within ethical and regulatory standards while preserving their unique skills and passions. Focused on building an integrative clinical framework and aligning non-empirically supported interventions within an evidence-based framework.

Thank you to the generous support of our sponsors!

For more information on the course, accommodations for disability, grievances, or any other concerns, please contact CEU Creations at support@ceucreationsinc.com.

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AGENDA

8:45 AM – 9:00 AM ET: Log In and Virtual Networking

9:00 AM – 12:00 PM ET: Presentation

12:00 PM ET: Closing/Evaluations

Complementary and Alternative Interventions (CAI) are increasingly gaining recognition as effective tools to enhance mental health treatment. Moving beyond traditional therapeutic approaches, CAIs offer holistic, client-centered strategies that integrate mind-body connections, innovative healing modalities, and culturally diverse practices. As healthcare continues to evolve, professionals are increasingly called to explore these non-conventional interventions to better meet the unique needs of individuals and communities. This engaging three-hour session will provide participants with a comprehensive understanding of CAIs, emphasizing their impact, ethical considerations, and practical application within clinical practice. Through evidence-based discussions and reflective exercises, attendees will gain insights into how CAIs can complement existing therapeutic frameworks while maintaining professional and ethical integrity. Whether you are curious about incorporating mindfulness, expressive arts, or other alternative therapies, this training will equip you with the knowledge and skills to thoughtfully expand your professional toolkit.

By the end of the session, the participant will be able to:

1. Examine the attitudes, perceptions, and impact of CAI in mental health treatment.
2. Identify & Apply ethical considerations and guidelines related to the use of CAI in mental health practice.
3. Develop theoretical justification for incorporating CAI in clinical practice.
4. Formulate a personalized plan for ongoing professional development for integrating CAI into mental health.

Course Interaction and Technical Requirements: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions. A computer or mobile device is required. Zoom account is *not* required. You will receive an email approximately 24 hours prior to the start of the class with a link to the webinar.

In order to receive credit, you must log in on time, attend the entire presentation, and complete an online evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided in approximately 5 business days.


Target audience: Social workers, counselors, nurses, case managers, and other healthcare professionals.

SOCIAL WORKERS: CEU Creations, #1239, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 11/22/24-11/22/27. Social workers completing this course receive 3 Ethics continuing education credits.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0616. This activity is approved for 3 contact hours.

NURSES: 3 Contact Hours - CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP17905. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

COUNSELORS: 3 Ethics or 3 Contact Hours

 CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0199. This activity is approved for 3 contact hours.

Cancellation Policy: Registrants must cancel via email at support@ceucrationsinc.com (contacting other staff members/leadership does not guarantee your cancellation.) No faxes or mail cancellations will be accepted. Cancellation Fee: \$25 - Refunds will not be given for cancellations within five (5) business days prior to the workshop date.