

# Ethics and Boundaries: Self Disclosure and Dual Relationships



## FEATURING:

- 6 Ethics CEs

- An Ethical focus on self-disclosure and dual relationships

Friday, April 25, 2025 | 9:00 AM – 4:00 PM ET  
**Live Stream Series**  
**(Online Synchronous Training)**

**\$94.99 Early Bird Registration**

*After April 11<sup>th</sup> registration is \$119.99*



Please scan QR Code or  
register online at

[www.ceucreationsinc.com](http://www.ceucreationsinc.com)

## 6 CREDIT HOURS APPROVED FOR:

- **Social Workers**  
ASWB ACE – 6 Ethics CE Credits  
New York State Education Department's State Board for Social Work – 6 Contact Hours
- **Case Managers**  
CCMC – 6 Ethics Hours
- **Nurses**  
California Board of Registered Nursing – 6 Contact Hours
- **Counselors** – 6 Ethics Hours or 6 Contact Hours\*  
NBCC ACEP – 6 Contact Hours  
NY State Education Department's State Board for Mental Health Practitioners – 6 Contact Hours

\* Some states do not recognize Ethics Hours for Counselors.  
In those cases, Contact Hours will be awarded.

*Attendance or applied credit certificate available for other credentials.  
Please make sure to check with your own state board to ensure transferability of CE credit.*

## PRESENTED BY:

### Diane Bigler, LCSW, LSCSW



**Diane Bigler, LCSW,  
LSCSW**

Owner of Diane Bigler  
Therapy Services, Inc.

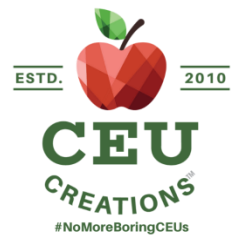
Diane Bigler is a Licensed Clinical Social Worker in Missouri and Kansas. She has over 20 years of experience in the social services field. Diane has held positions as a therapist (in-home and outpatient), private practice owner, trainer/facilitator, clinical supervisor, and Professor of Social Work. She also has experience in corporate wellness training and coaching. Diane is most passionate about providing quality educational training to professionals. She enjoys spoiling her four Dachshunds and anything 80's related.

*Thank you to our sponsors for their generous support!*

*For more information on the course, accommodations for disability, grievances, or any other concerns,  
please contact CEU Creations at [support@ceucreationsinc.com](mailto:support@ceucreationsinc.com).*

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# Ethics and Boundaries: Self Disclosure and Dual Relationships



## AGENDA

<b>8:45 AM ET – 9:00 AM ET:</b>	Log In and Virtual Networking
<b>9:00 AM ET – 12:00 PM ET:</b>	Ethics of Self-Disclosure <b>Diane Bigler, LCSW, LSCSW</b> , Owner of Diane Bigler Therapy Services, Inc. <i>(includes a 10-minute break)</i>
<b>12:00 PM ET – 12:40 PM ET:</b>	<i>Lunch Break</i>
<b>12:40 PM ET – 4:00 PM ET:</b>	Ethics and Boundaries of Dual Relationships <b>Diane Bigler, LCSW, LSCSW</b> <i>(includes a 10-minute break)</i>
<b>4:00 PM ET:</b>	<i>Closing/Evaluations</i>

Self-disclosure and dual relationships in therapy are complex and nuanced ethical issues. In this comprehensive full-day training, we will explore both topics, with a focus on ethical considerations and professional boundaries. The first session will delve into clinician self-disclosure, examining its multiple dimensions, including clinical, therapeutic, technical, and legal factors. Participants will explore the potential benefits and risks of self-disclosure, with case vignettes and ethical principles guiding the discussion. Clinicians will gain tools to "know thyself" and ethically navigate self-disclosure opportunities. In the second session, we will shift focus to the ethical challenges of dual relationships. Learners will examine categories of dual relationships, explore relevant ethical standards, and develop critical thinking skills to navigate professional boundaries. Special attention will be given to the unique challenges presented by cultural diversity and rural settings in dual relationships. By the end of the training, participants will have a deeper ethical framework and enhanced clinical judgment to guide their professional interactions with clients.

### BY THE END OF THE SESSION, THE PARTICIPANT WILL BE ABLE TO:

1. Describe key aspects of therapeutic self-disclosure, including potential benefits and risks.
2. Examine and articulate key ethical considerations of self-disclosure, including advantages and disadvantages.
3. Apply best practices for ethical and therapeutic self-disclosure by considering a variety of clinician and client factors.
4. Identify qualities of dual relationships and at least three key considerations.
5. Demonstrate at least five strategies to have ethical boundaries and relationships with clients.
6. Show confidence in assessing professional roles in ethical dilemmas involving dual relationships.

*Course Interaction and Technical Requirements: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions. A computer or mobile device is required. Zoom account is not required. You will receive an email approximately 24 hours prior to the start of the class with a link to the webinar.*

**In order to receive credit, you must log in on time, attend the entire presentation, and complete an online evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided in approximately 5 business days.**

Target audience: Social workers, case managers, discharge planners, nurses, counselors, and other healthcare professionals.

**SOCIAL WORKERS:** CEU Creations, #1239, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: [11/22/24-11/22/27]. Social workers completing this course receive 6 Ethics continuing education credits.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0616. This activity is approved for 6 contact hours.

**NURSES:** 6 Contact Hours - CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP17905. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

**COUNSELORS:** 6 Ethics Hours or 6 Contact Hours



CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0199. This activity is approved for 6 contact hours.

**Cancellation Policy:** Registrants must cancel via email at support@ceucorationsinc.com (contacting other staff members/leadership does not guarantee your cancellation). No faxes or mail cancellations will be accepted. Cancellation Fee: \$25 - Refunds will not be given for cancellations within five (5) business days prior to the workshop date.