# Bridging Generations to Combat Isolation: Intergenerational Connections for Improved Well-Being



## FEATURING:

• Strategies to create and support intergenerational connections that combat isolation and loneliness

# Tuesday, June 17, 2025 3:00 p.m. – 4:00 p.m. Eastern time

Livestream Series (Online Synchronous Training)

**\$14.99 Early Bird Registration** *After June 3rd, registration is \$19.99* 

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 Practical approaches to fostering meaningful relationships across generations for enhanced mental well-being

### **1 CREDIT HOUR APPROVED FOR:**

- Social Workers ASWB ACE – 1 General CE credit New York State Education Department's State Board for Social Work – 1 Contact hour
- Counselors
   NBCC ACEP 1 Contact hour
   NY State Education Department's State Board for
   Mental Health Practitioners 1 Contact hour
- Nurses

   California Board of Registered Nursing –
   1 Contact hour
- Case Managers CCMC – 1 Contact hour

Attendance or applied credit certificate available for other credentials. Please make sure to check with your own state board to ensure transferability of CE credit.

### **PRESENTED BY:**



#### Nancy Henkin, PhD, Senior Fellow at Generations United and Owner of Nancy Z. Henkin Consulting

Dr. Henkin, the founder and former executive director of the Intergenerational Center at Temple University, is currently serving as a senior fellow at Generations United. Over the past 45 years, she has developed a wide range of cross-age programs, provided consultation to local, national, and international organizations, and published numerous articles and program materials.

Dr. Henkin is a leading authority in intergenerational practice, community building, and lifelong civic engagement/learning. She serves on the International Journal of Intergenerational Relations editorial board and is the recipient of numerous awards, including the Maggie Kuhn Award (Gray Panthers), the Jack Ossofsky Award (National Council on the Aging), the Eisner Prize for Intergenerational Excellence (on behalf of the Intergenerational Center), the Cantor Leadership Award (Elders Share the Arts), and the Intergenerational Champion Award (Generations United). In 2006, she was elected into the Ashoka Fellowship, a global community of social entrepreneurs.

Thank you to our sponsors for your generous support!

For more information on the course, accommodations for disability, grievances, or any other concerns, please contact CEU Creations at <u>support@ceucreationsinc.com</u>.

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#### AGENDA (all times are Eastern)

2:45 p.m. – 3:00 p.m.	Log in and Virtual Networking
3:00 p.m. – 4:00 p.m.	Presentation

This training introduces helping professionals to the potential of intergenerational connections as a tool to address isolation and loneliness, and strengthen communities. Participants will learn how fostering relationships across generations can positively impact mental health and emotional wellbeing. This session will equip attendees with strategies to identify or create opportunities for intergenerational engagement and to support clients in building meaningful and supportive relationships.

## By the end of the session, the participant will be able to:

- 1. Describe the impact of isolation and loneliness across the lifespan and explain how intergenerational connections can mitigate these challenges.
- 2. Identify opportunities within their professional roles to foster intergenerational relationships and support clients in building meaningful connections.
- 3. Apply practical strategies to help clients experiencing isolation or loneliness engage with intergenerational resources and relationships in their communities.

*Course Interaction and Technical Requirements:* This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions. A computer or mobile device is required. Zoom account is *not* required. You will receive an email approximately 24 hours prior to the start of the class with a link to the webinar.

To receive credit, you must log in on time, attend the entire presentation, and complete an online evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided in approximately 5 business days.

Target audience: Social workers, counselors, nurses, case managers, and other healthcare professionals.

**SOCIAL WORKERS:** CEU Creations, #1239, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 11/22/24-11/22/27. Social workers completing this course receive 1 General continuing education credit.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0616. This activity is approved for 1 Contact hour.

COUNSELORS: 1 Contact hour.

CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0199. This activity is approved for 1 Contact hour.

**NURSES**: 1 Contact hour. CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP17905. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

Cancellation Policy: Registrants must cancel via email at <a href="mailto:support@ceucreationsinc.com">support@ceucreationsinc.com</a> (contacting other staff members/leadership does not guarantee your cancellation). No faxes or mail cancellations will be accepted. Cancellation Fee: \$25. Refunds will not be given for cancellations within five (5) business days prior to the workshop date.

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