

# Motherless Mothering in Postpartum Grief



## FEATURING:

- Insights from Brittany Nwachuku, researcher and expert on postpartum grief and motherless mothering.
- Practical strategies to support postpartum women navigating the unique challenges of grief and healing.

**Tuesday, July 22, 2025**  
**12:00 p.m. – 1:00 p.m. ET**

Livestream Series  
(Online Synchronous Training)

**\$14.99 Early Bird Registration**  
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## 1 CREDIT HOUR APPROVED FOR:

- **Social Workers**  
ASWB ACE – 1 Clinical CE credit  
New York State Education Department's State Board for Social Work – 1 Contact hour
- **Counselors** – 1 Contact hour  
NBCC ACEP – 1 Contact hour  
NY State Education Department's State Board for Mental Health Practitioners – 1 Contact hour
- **Nurses**  
California Board of Registered Nursing – 1 Contact hour
- **Case Managers**  
CCMC – 1 Contact hour

Attendance or applied credit certificate available for other credentials.  
Please make sure to check with your own state board to ensure transferability of CE credit.

## PRESENTED BY:



### Dr. Brittany Nwachuku, LCSW, LISW-S

Dr. Brittany Nwachuku, LCSW, LISW-S, is an Assistant Professor of Social Work at Alliant International University with extensive experience in medical and mental health settings. She has worked with diverse populations, including juvenile probation, foster care youth, school social work, and oncology healthcare.

Dr. Nwachuku provides supervision to social work students and has facilitated support groups and professional development on best practices for underserved populations. She is an executive committee member for the Council on the Role and Status of Women (CORSW) at the Council on Social Work Education (CSWE), serves on the advisory council for She's the First, and is a committee co-chair for her chapter of Delta Sigma Theta Sorority, Incorporated. She holds a women's leadership certificate from Yale and is a Qualified Administrator of the Intercultural Development Inventory (IDI). Her research focuses on equity, psychosocial oncology, grief, and women's health disparities.

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*For more information on the course, accommodations for disability, grievances, or any other concerns, please contact CEU Creations at [support@ceucreationsinc.com](mailto:support@ceucreationsinc.com).*

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## AGENDA (all times are Eastern)

<b>11:45 a.m. – 12:00 p.m.</b>	Log in and Virtual Networking
<b>12:00 p.m. – 1:00 p.m.</b>	Presentation

The postpartum period is a time of profound transition and emotion for new mothers. For women experiencing postpartum without the presence of their own mothers—due to loss, estrangement, or other circumstances—the journey can be uniquely challenging. This training, led by researcher Brittany Nwachuku, delves into the concept of "motherless mothering" and its impact on postpartum grief. Participants will explore the emotional and psychological experiences of these women, gain insights into their specific support needs, and learn strategies to provide compassionate, effective care that fosters healing and resilience.

### By the end of the session, the participant will be able to:

1. Define "motherless mothering" and understand its unique challenges during the postpartum period.
2. Recognize the emotional and psychological impact of postpartum grief in women mothering without their mothers.
3. Identify practical strategies and interventions to support postpartum women experiencing motherless mothering.

*Course Interaction and Technical Requirements:* This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions. A computer or mobile device is required. Zoom account is *not* required. You will receive an email approximately 24 hours prior to the start of the class with a link to the webinar.

*To receive credit, you must log in on time, attend the entire presentation, and complete an online evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided in approximately 5 business days.*

Target audience: Social workers, counselors, nurses, case managers, and other healthcare professionals.

**SOCIAL WORKERS:** CEU Creations, #1239, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 11/22/24-11/22/27. Social workers completing this course receive 1 Clinical continuing education credit.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0616. This activity is approved for 1 Contact hour.

**COUNSELORS:** 1 Contact hour.



CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0199. This activity is approved for 1 Contact hour.

**NURSES:** 1 contact hour. CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP17905. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

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